

Gastrointestinal Lymphoma

MALT-lymphom

 **INSELSPITAL**

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BC 07.04.2021
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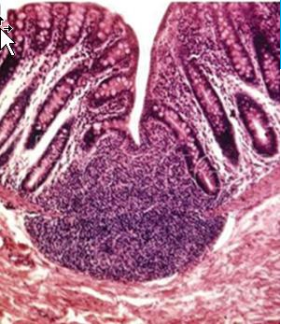
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**UNIVERSITÄT
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Universitätsklinik für Viszerale Chirurgie und Medizin

GENERAL ASPECTS LYMPHOMA and MALT



What means or is MALT ?



Mucosa-associated lymphoid tissue is:

Scattered along the mucosal linings in the human body

- ✓ Constitutes the most extensive component of human lymphoid tissue
- ✓ Protects the body from an enormous quantity and variety of antigens

MALT is understood to include:

- ✓ Gut-associated lymphatic tissue (GALT)
- ✓ Bronchial-associated lymphoid tissue (BALT)
- ✓ Nose-associated lymphoid tissue (NALT)
- ✓ Vulvovaginal-associated lymphoid tissue (VALT)

Examples in GI/digestive tract are

Tonsils, parotid glands, Peyer Patches, vermiform appendix

Does the stomach have MALT ?



Unlike the rest of intestinal tract

Stomach lacks MALT since

Low pH under physiological conditions

Prevents survival of lymphocytes

Lymphoma Classification (WHO 2001)

B-cell neoplasms

- precursor
- mature

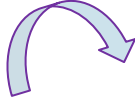
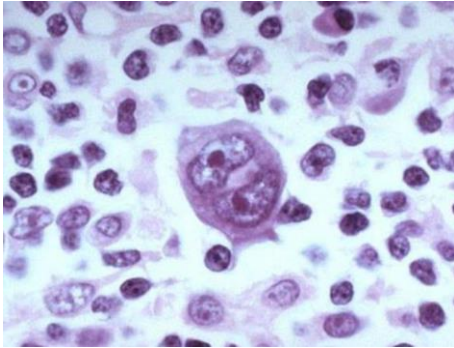
T-cell and NK-cell neoplasms

- precursor
- mature

**Non-
Hodgkin-
Lymphoma**



Hodgkin-Lymphoma

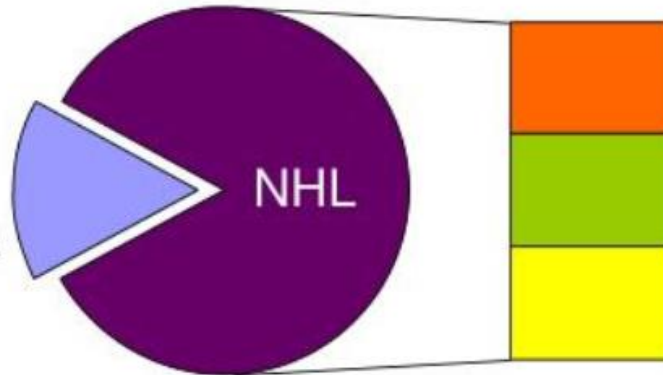


This is a ?

Reed-Sternberg-Cell



Hodgkin lymphoma



Non-Hodgkin Lymphomas

Diffuse large B-cell

Follicular

Other NHL

~85% of NHL are B-lineage

Gastrointestinal lymphomas are classified into ?

➤ B-cell

Extranodal NHL of MALT

Immunoproliferative Small Intestinal Disease (IPSID)

Others: Diffuse Large B-Cell lymphoma (DLCL)

Mantle-Cell-lymphoma

Burkitt-lymphoma

Folikular lymphoma

➤ T-cell

associated or not with enteropathy and/or atrophy

Epidemiology of primary gastrointestinal lymphoma (PGIL) – incidence, age, location ..?

➤ PGIL:

very rare: <1% of all GI-tumors

0.5 – 1.3/100.000

age 50-70 at diagnosis

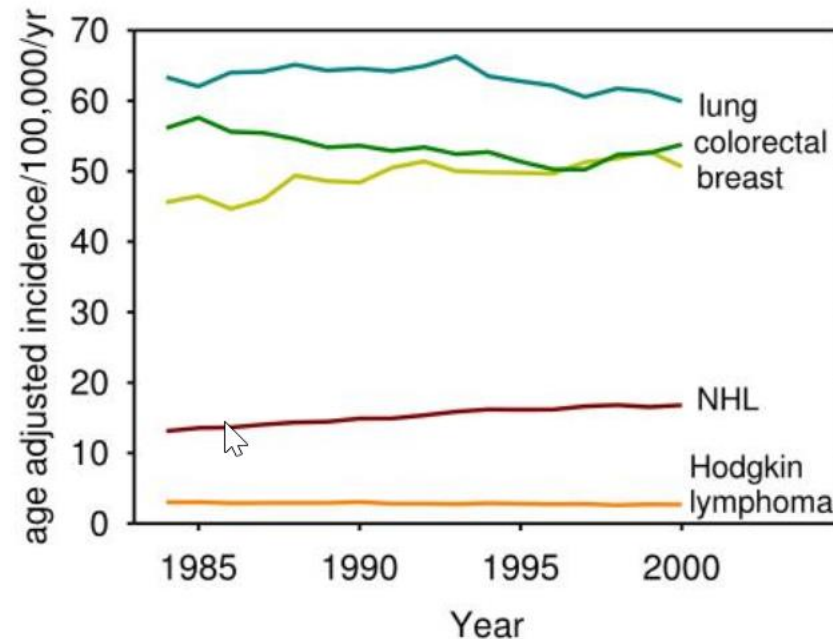
stomach > small intestine > colon in frequency

90% B-cell-derived

➤ MALT:

1:30.000 to 1:100.000 (USA)

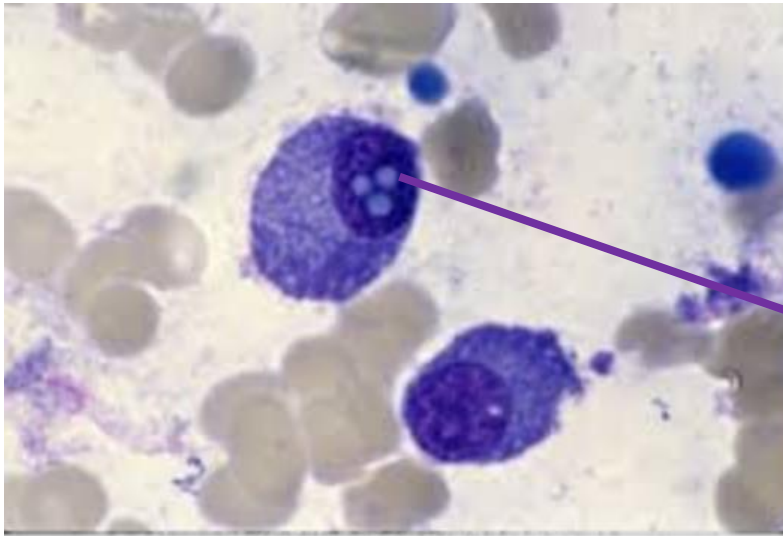
Incidence Lymphomas in comparison with other cancers in US/Canada



**Overall lymphoma 5th most frequently diagnosed cancer in both sexes
NHL rather increasing (Hodgkin Lymphoma stable)**

Most difficult question of BC

For the expert: What are dutcher bodies ?



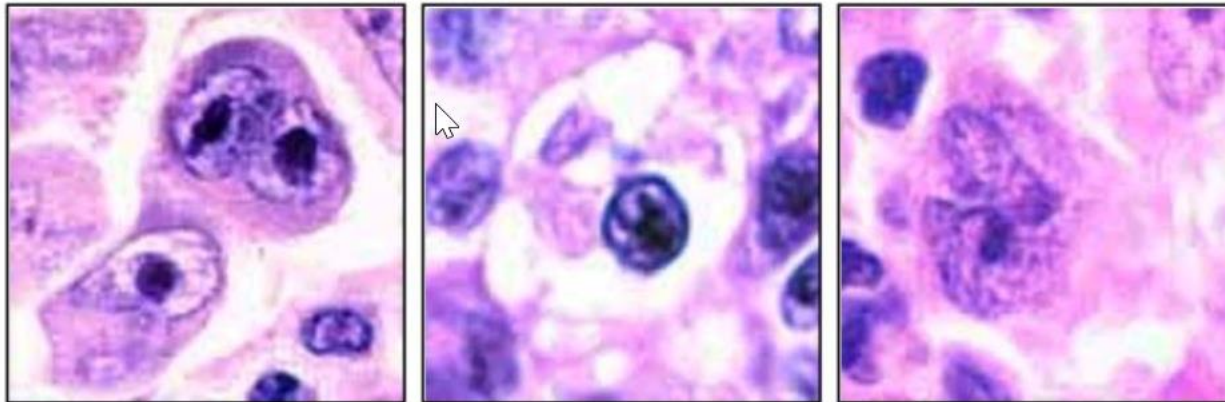
„intranuclear“
Immunoglobulins

(in EM rather invaginating
into the nucleus but being
Cytoplasmic)

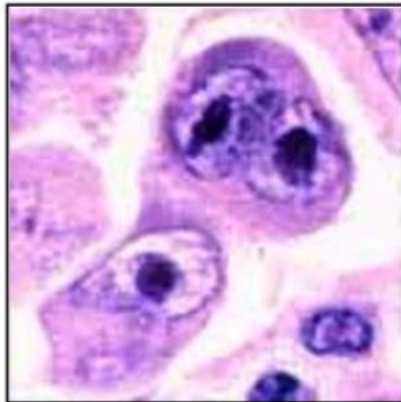
Non-specific, non-pathognomonic

In/from plasma-cells – and high-volume production of antibodies.....

Out of league: Which is - what is a popcorn-cell ?

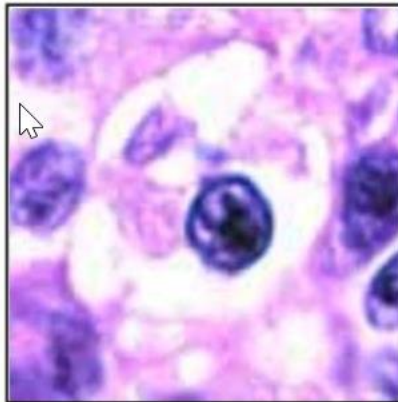


Out of league: Which is - what is a popcorn-cell ?



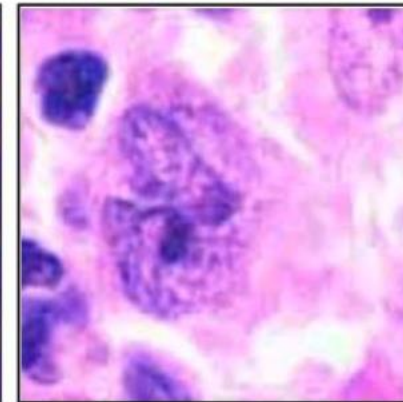
classic RS cell

(mixed cellularity)



lacunar cell

(nodular sclerosis)



popcorn cell

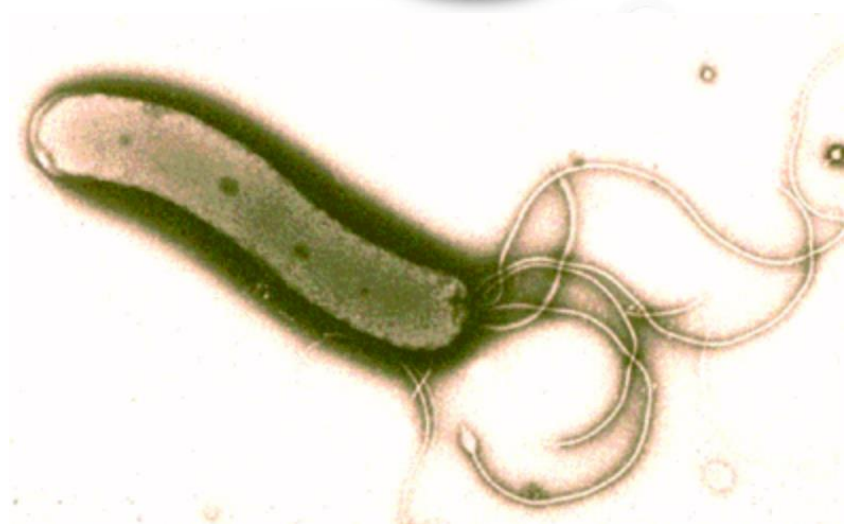
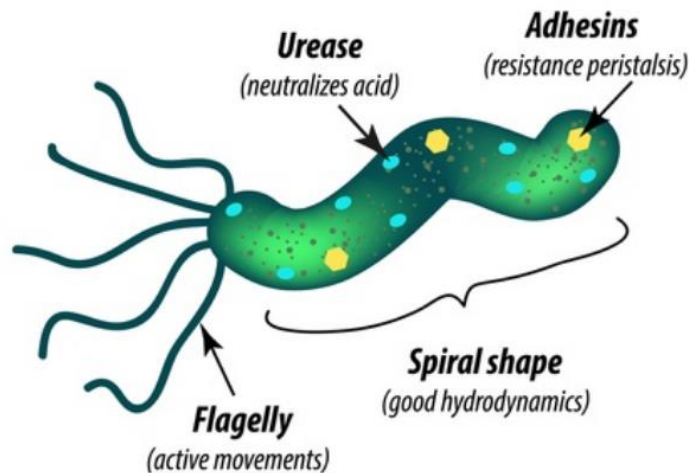
(lymphocyte
predominance)

SPECIFIC PART GASTRIC B-LYMPHOMA

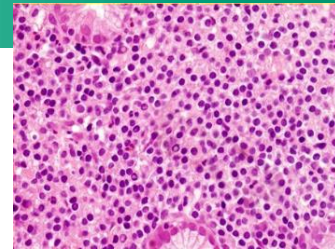
**Extranodale NHL/PGIL -> marginal zone MALT
(small B-cells, low malignancy)**

Most easy question of BC: What is the mainstay in treatment of gastric MALT ?

Failure to answer



Marginal-zone-Lymphomas: WHO classification according to anatomic location



Splenic zone

Nodal marginal zone

Extranodal marginal zone

- arises in organs normally lacking lymphoid tissue
- but have accumulated B-cells
- in response to either chronic infection or autoimmune process

Gastric MALT =

most frequent primary lymphoma of GI-tract (about 50%)

85% of all gastrointestinal MALT lymphomas are located in stomach

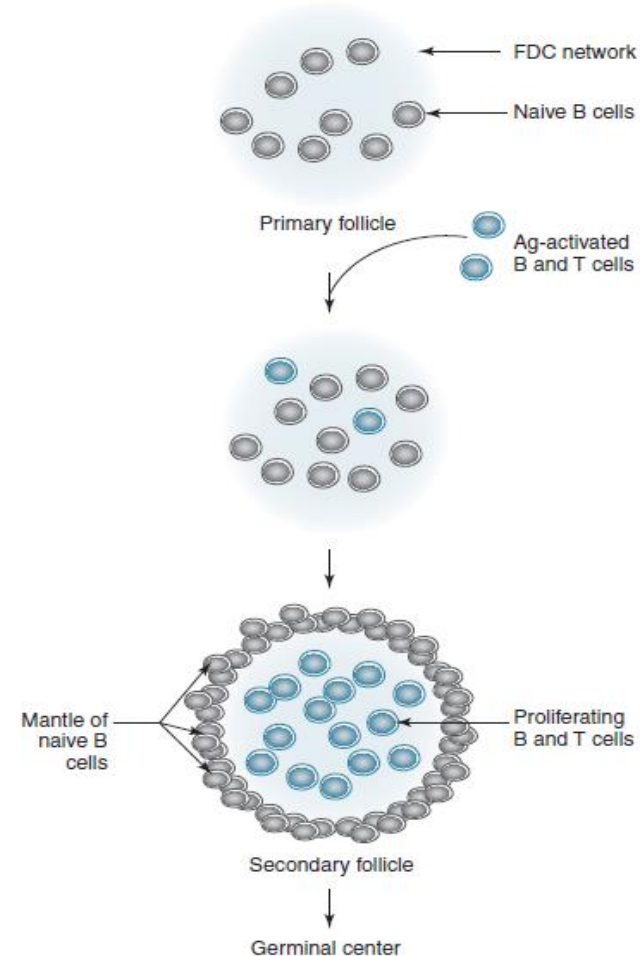
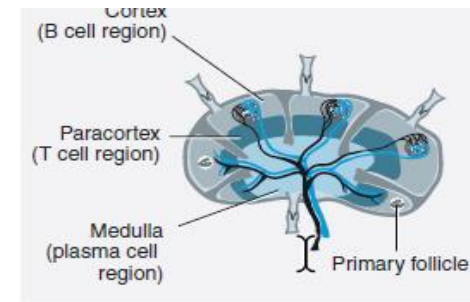
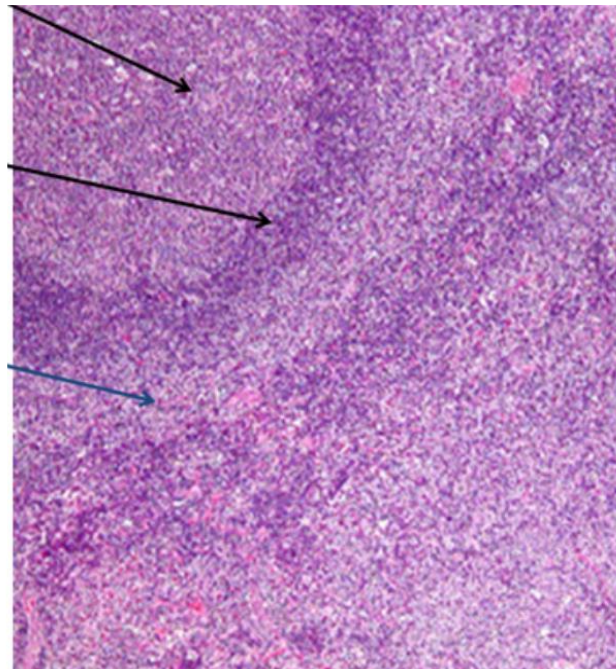
Cook et al. 2017

Lymph Follicle: sort accordingly to nomenclature

Germinal Centre

Benign Mantle Cells

Marginal Zone



Lymph Follicle: sort accordingly to nomenclature

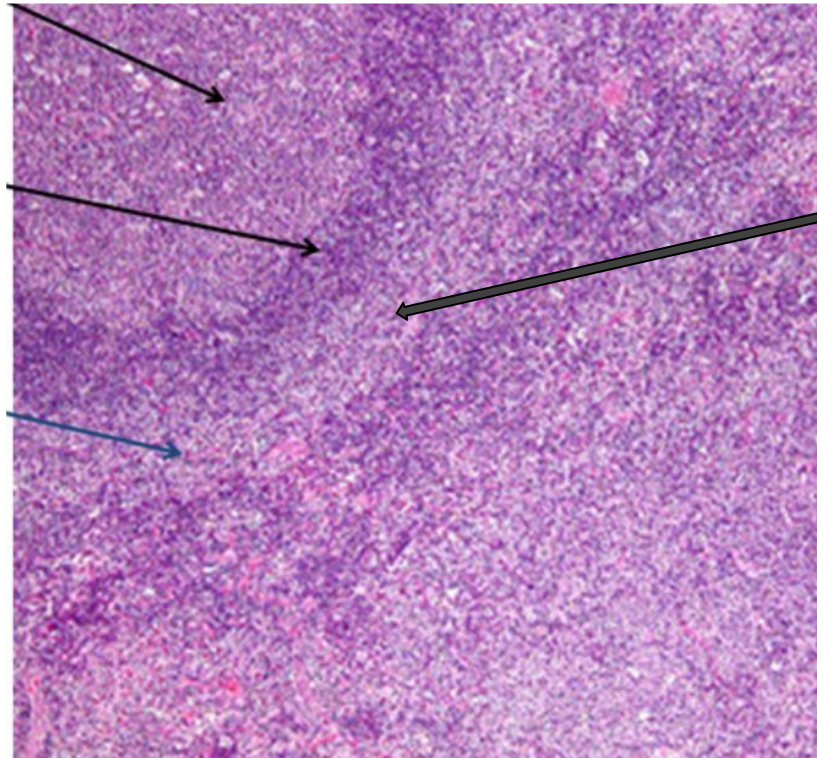
Germinal Centre

mature B cells proliferate, differentiate, and mutate their antibody genes

Benign Mantle Cells

outer ring of small lymphocytes

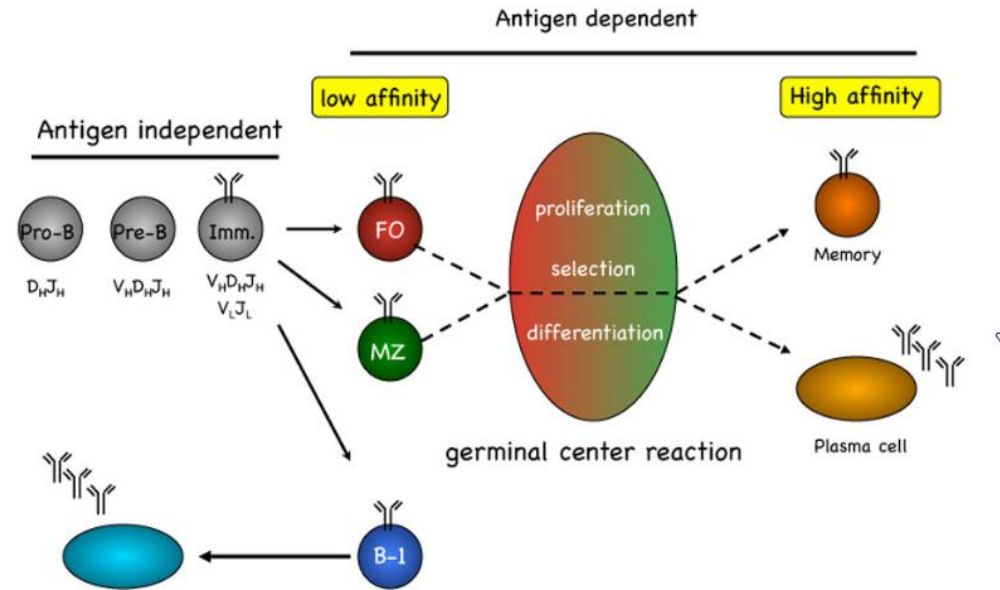
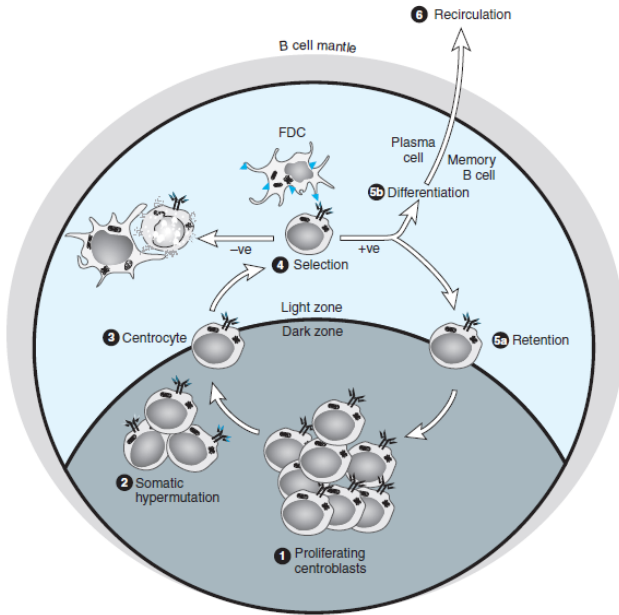
Marginal Zone Lymphoma



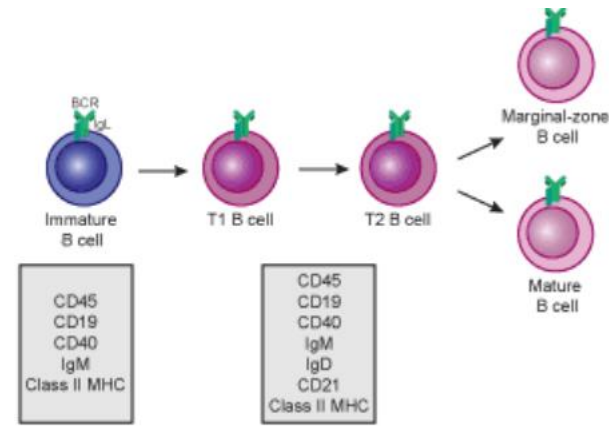
*MZ-B-cells
Express polyreactive
B-cell-receptors
Binding microbial
molecular patterns*

*In MALT
Derived from
Memory B-cells
Within the germinal
centre*

B cell development and immunity



	Small pre-B cell	Immature B cell	Mature B cell
H-chain genes	VDJ rearranged	VDJ rearranged	VDJ rearranged
L-chain genes	V-J rearranging	VJ rearranged	VJ rearranged
Surface Ig	Intracellular μ chain	IgM expressed on cell surface	IgD and IgM made from alternatively spliced H-chain transcripts



Definition of MALT-lymphoma ?

WHO classification under designation of **extranodal marginal zone lymphoma** of mucosa associated lymphoid tissue (MALT)
- Stomach and – small intestine (IPSID)

It is defined as lymphoma that recapitulates the histology of MALT (Peyer Patches), normal cell counterpart in marginal zone B cell

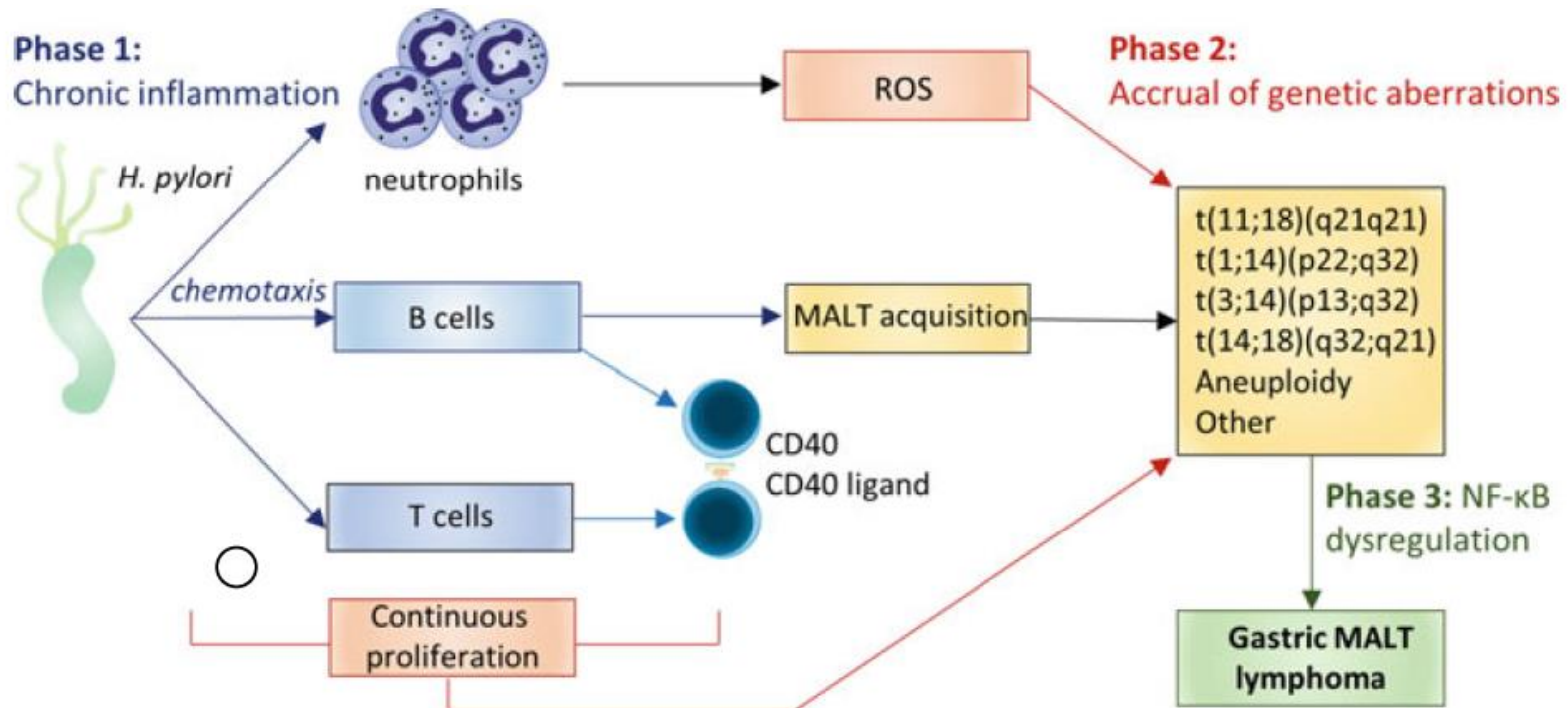
It typically arise in areas devoid of constitutive organised lymphoid tissue

It consists of morphologically **heterogenous small B cells** including the marginal **zone (centrocytes) cells**, cells resembling monocytoïd cells, small lymphocytes and scattered **Immunoblast and centroblast like cells**

Etiology of gastric MALT-lymphoma ?

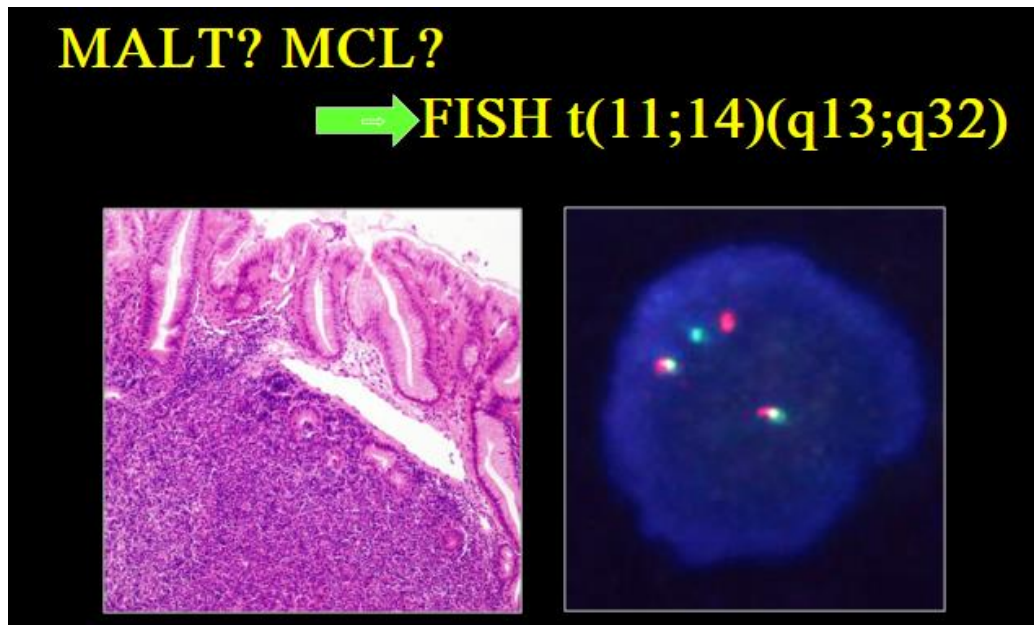
- ✓ Rarely arise from native lymphoma
- ✓ Usually arise from MALT that is acquired as a result of chronic inflammatory disorder at sites normally devoid of MALT, e.g. stomach
- ✓ Most commonly: result of infection with **Helicobacter pylori**, preceding most cases of MALT-lymphoma also seen **Helicobacter heilmannii** or in **Sjogrens Syndrome**

Hypothetical model of gastric MALT-lymphoma pathogenesis



Genetic abnormalities in MALT-lymphom commonly affect ?

Signalling pathways that regulate NFkB activities namely

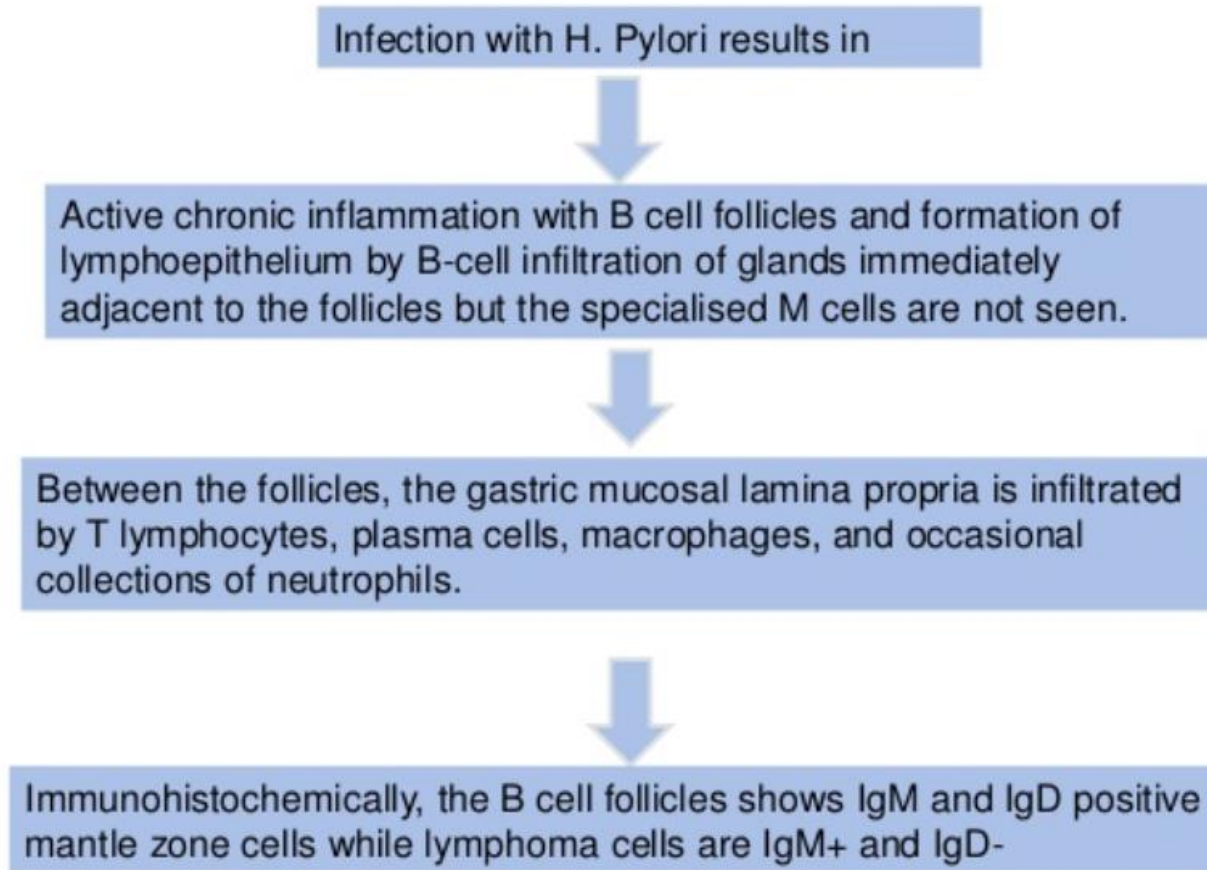


- t(11;18)/API2-MALT1
- t(1;14)/IGH-BCL10
- t(14;18)/IGH-MALT1
- A20 inactivation
- MYD88 mutation

Genetic abnormalities in gastric MALT ?

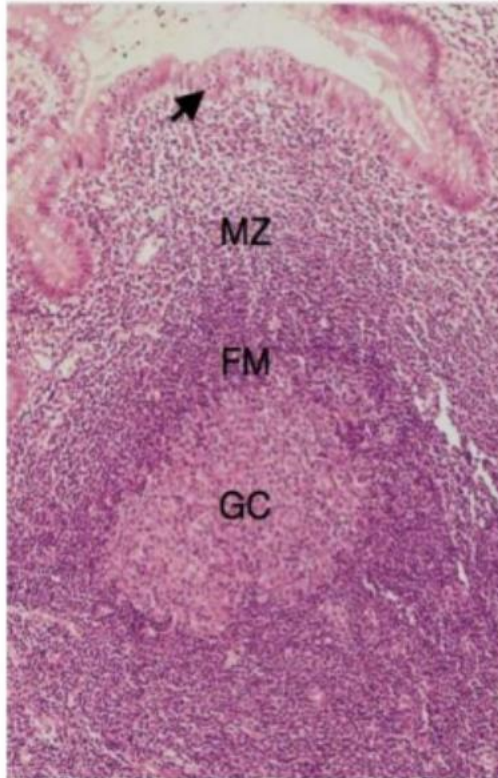
- **t(11;18)(q21;q21)- API2-MALT1-** present in **about 25%**.
 - *This creates a novel functioning fusion product by translocating the terminus region of apoptosis inhibitor 1 (API1) gene to the carboxy terminus of MALT1.—this activate the NF-kB pathways.*
- **t(1;14)(p22;q32) -BCL10-IGH-**
 - *present in **about 5%** of gastric MALT lymphomas, translocation of the BCL-10 gene into to come under influence of immunoglobulin heavy chain(IGH) gene*
- trisomies 3, 12, and 18

Pathophysiology of gastric MALT-lymphoma: Sequence events

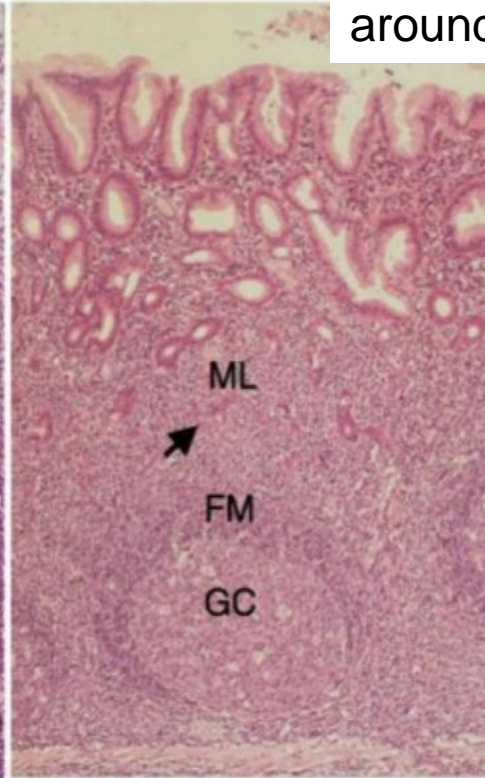


First steps on the way....s

Closely resembles normal MALT
Expansion of marginal zone (MZ)
around follicles



Normal (PP)



**Early stage lesion
MALT-lymphoma**

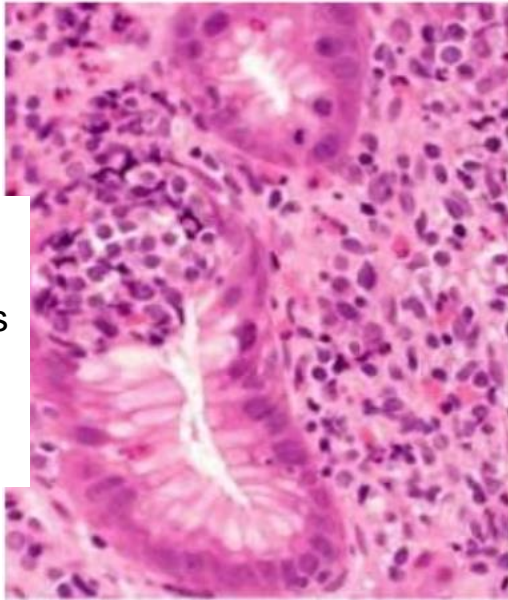
MZ composed:
centrocyte-type cells
resembling small lymphocytes
with abundant
pale cytoplasm,
clear cell borders

Variable:
plasma cell infiltrate
(1/3rd of MALT lymphomas)
Dutcher bodies possible

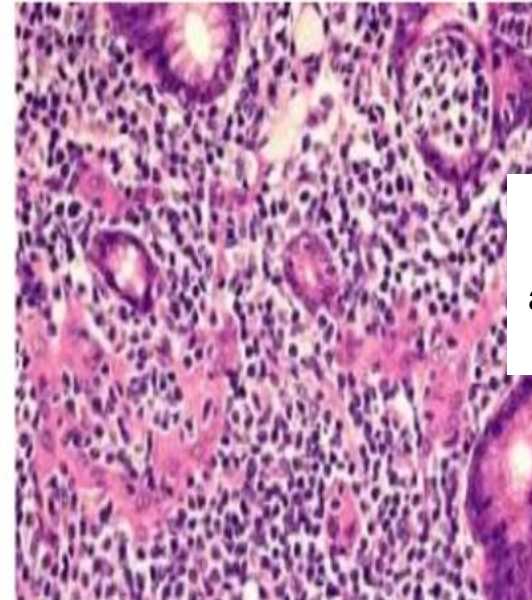
Followed by

**Infiltration of neoplastic cells into the gland/crypt epithelium
with destruction of architecture resulting in LELs**

Intact follicle
are overrun
by lymphoma cells
(presence
demonstrated by
Immunostaining)



**Gastric MALT-lymphoma
Characteristic LEL
Lymphoepithelial lesion**



**+ distorted glands
Eosinophilic change of
gastric epithelium**

Most early LEL
Cluster of 3 or more
atypical neoplastic cells
in epithelium

WHO Histological GRADING

0	Normal mucosa	Plasma cells in LP No lymphoid follicles
1	Chronic active gastritis	Lymphocyte clusters in LP No follicles
2	Chronic active gastritis with lymphoid follicles	Prominent follicles with surrounding mantle zone and plasma cells , No LELs
3	Suspicious lymphoid infiltrate, probably reactive	Lymphocytes infiltrate diffusely in LP
4	Suspicious, probably lymphoma	Lymphocytes infiltrate diffusely in LP and <u>epithelium</u>
5	Marginal zone MALT lymphoma	Dense diffuse infiltrate of CCL in LP with prominente LELs

CCL: centrocyte-like-cells; LELs: lympho-epithelial-lesions; LP: lamina propria

Which stains/antibodies to use in diagnosis ?

Differential diagnosis mainly depends on
Immunohistochemistry: for MALT-lymphoma would be..

➤ **B-cell marker:**

typically CD20 (+ CD19, CD22, PAX5)

➤ **Neoplastic nature** suggested by:

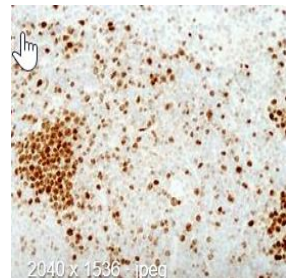
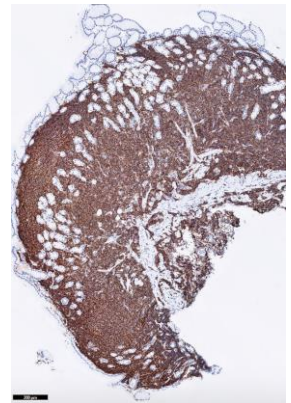
aberrant CD 43 (normal B-cells negative)

bcl2-protein (reactive germinal centre cells negative)

Ki67 (proliferation-associated)

Staining for cytokeratin-highlight the Lymphoepithelial-Lesions

Light chain restriction (kappa more than lambda)



Differential diagnosis mainly depends on Immunohistochemistry for other MZ-lymphoma

Molecule	Type of test	Expected result	Level of recommendation
CD20	IHC	Positive	Mandatory
CD5	IHC	Negative ^a	Mandatory
CD23	IHC	Negative/positive	Suggested ^b
CD10	IHC	Negative	Mandatory
IgD	IHC	Negative ^c	Suggested
Cyclin D1	IHC	Negative	Mandatory ^d
<i>MYD88</i> mutation	PCR	Negative	Suggested ^e

IgD, immunoglobulin D; IHC, immunohistochemistry; LPL, lymphoplasmacytic lymphoma; MZL, marginal zone lymphoma; PCR, polymerase chain reaction; SMZL, splenic marginal zone lymphoma.

^a Few exceptions may occur.

^b In cases with small cell morphology, irrespectively of CD5-concurrent positivity.

^c In cases with splenomegaly, as it is usually positive in SMZL.

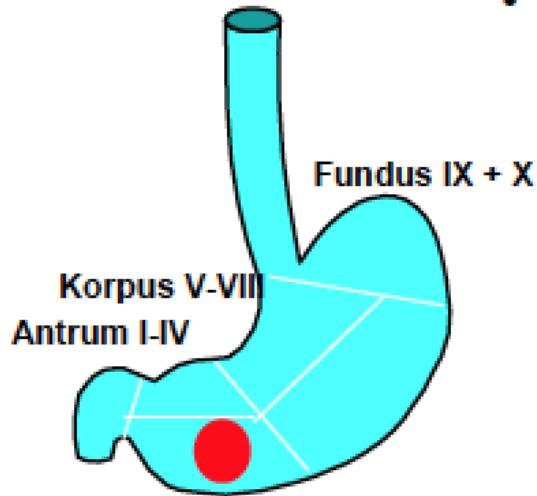
^d In cases positive for CD5.

^e When present, a differential diagnostic problem with LPL arises (cases of MZL with *MYD88* mutation may represent rare exceptions).

ESMO-guidelines
MZ-Lymphoma
Annals Oncology 2020

CD5+, Cyclin D1+ in Mantel-cell-lymphoma; CD10+, bcl-6 and-2 +: follicular lymphom

Endoscopic diagnosis / Gastric mapping – how ?



- 1 biopsy from corpus and antrum, resp. for urease test

- 4 biopsies from normal mucosa in antrum and corpus, resp., and 2 biopsies from the fundus

≥ 10 biopsies from macroscopic visible lesions

**If no HP in IHC
It must be ruled out
(C13-breath, feces-Ag, serology)**

**No H.pylori eradication
before results of reference pathologist is available**

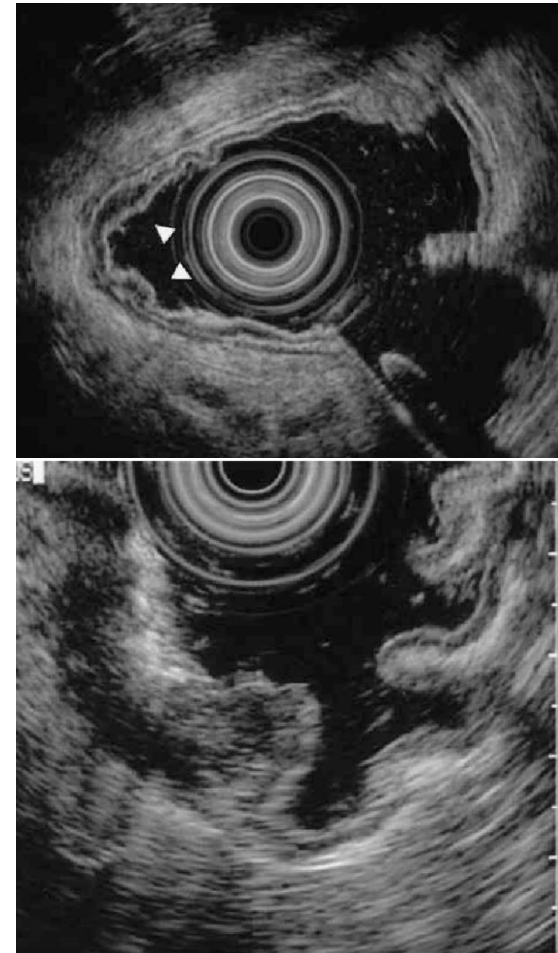
How to stage gastric MALT-lymphoma – What to examine, test, seek ?

- **Physical exam: Lymph nodes, Waldeyer ring/HNO, liver, spleen...**
- **Lab work+:** CBC, LDH, b2-microglobulin, Immunofix (S+U), HIV, HCV, HBV
- **CT-Tx, Abd, pelvis for LN`s and spreading assessment**
- **Bone marrow biopsy**
if no regression after HP-eradication and before oncological treatment
- **Ileocolonoscopy should be considered- mapping endoscopically**
always independent of macroscopic suspicious lesions

+: liver (ASAT/ALAT, Bili/AP), kidney (Crea)-function

Is EUS absolutely needed for staging ?

- **Only reliable method to stage**
 - **Depth of invasion and**
- **Seperate T1 from T2 and thus**
 - **I1E from I2E**



What staging system to use for gastric MALT-lymphoma ?

Infiltration into subserosa + regional lymph node compartment 2 = ?

	Ann Arbor system, modified*	Paris staging system †	
	I1E	T1 N0M0	
	I2E	T2N0M0	Muscularis propria, subserosa
	I2E	T3N0M0	Serosa penetration
	I2E	T4N0M0	Per continuitatem infiltration of neighbouring organs
local	II1E	T1–4N1M0	Regional lymph nodes (compartment I+II)
	II2E	T1–4N2M0	Intra-abdominal distant lymph nodes
	III E	T1–4N3M0	Extra-abdominal lymph nodes
advanced	IV	T1–4 N0–3M1	Diffuse or disseminated infiltration of distant or extra-gastrointestinal organs
		B1	Bone marrow

T2N1M0 = II1E

Clinical symptoms of gastric MALT –lymphoma ?

Indolent behaviour = asymptomatic

Slow progression with vast majority being I1E

- ✓ **90% lower than II1E (= no lymph nodes)**
- ✓ **many many years localized, but prospective longterm 15-30% N+**
- ✓ **< 10 % bone marrow/ or extra-gastric-involvement**

H.pylori-eradication – how you do it ?

Success dependend on rate/risk of resistance

- History of antibiotic exposure ?
- Geographic/local rate of resistance low to clarithromycin, metronidazole then conventional triple possible
- Dual resistance to clarithromycin+metronidazole > 15% hampers also success of non-bismuth quadruple regimen

Highest Cure Rate else with either

- Bismuth Quadruple with > 90% eradication rate



Malfertheiner et al. Maastricht Gut 2017

What is Bismuth-Quadruple -H.pylori-eradication ?

- | | |
|-----------------------------------|--------------------|
| • PPI | Standard dose, bid |
| • Bismuth subcitrate | 420 mg, qid |
| • Metronidazole/Tinidazole | 500 mg, tid |
| • Tetracycline | 500 mg, qid |

For 10 – 14 days



3-3-3-3

Highly effective: Eradication rate 92%

Cost effective: 14d course < 87 CHF

Why H.pylori-treatment in H.pylori-negative MALT ?

Eradication in all cases, stages of disease since

- ***also other Helicobacter species can cause MALT***
- ***diagnostic test has missed H.pylori***

Success-rate reported to be about 19%

When is no good response to H.pylori-eradication to be expected ?

- translocation t(11,18) and t(1,14) *
- H.pylori-negative Lymphoma
- Lymphnode positive stage of disease

***: but still up to 20% of cases respond to H.pylori eradication**

Prognosis of gastric MALT ?

10 year

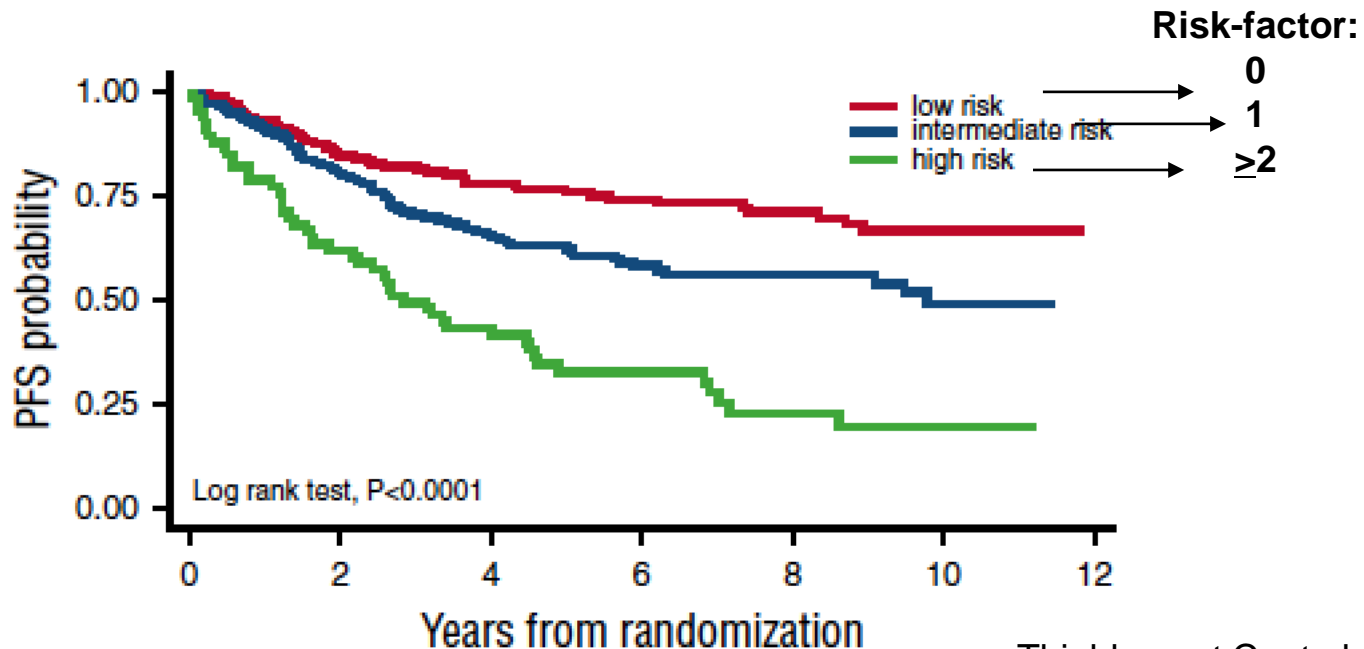
survival rate of \approx 90%

Disease-free survival rate \approx 70%

Thieblemont et al. 2000

Prognostic Index for gastric MALT and CTx

N = 400	HR	Standard Error	95% CI	P
Stage III-IV	1.79	0.26	1.35-2.38	<.001
Age >70 y	1.72	0.27	1.26-2.33	.001
LDH >UNL	1.87	0.37	1.27-2.77	.002



Thieblemont C. et al. Blood 2017

Grading-system for post-treatment follow-up ?

GELA: Group d'Étude des Lymphomes de L'Adulte

CR	Complete Histological Response =total disappearance of tumorous infiltrates
pMRD	Probable Minimal Residual Disease persistence of some lymphocytic aggregates LELs
rRD	Responding residual disease at least reduction visible- with persistence of diffuse or nodular lymphocytic infiltration + some stromal changes focal LELs possible
NC	No Change no macroscopic change, histolog. identical

Partial Response

**Stable Disease/
Progression**

Complete Remission is defined as ?

**2 sequential gastroscopies with mapping Bx
and no lymphoma - histomorphologically**

Rate of Complete Remission in

IE1 mucosa:	> 82%
IE1 submucosa:	78%
IE2: = deeper infiltration:	54%

Follow-up after H.pylori-eradication: Frequency of endoscopy/biopsies/EUS ?

➤ **6 weeks** after HP-eradication endoscopy:

to rule out progression + to test HP in histology + C13 Breath-test

➤ **3-6 months** after completion of eradication endoscopy:

then every 4-6 months for first 2 years/ until CR or pMRD

➤ at each endoscopy mapping biopsies

HP-persistence -> Re-biopsy with culture + susceptibility test

➤ EUS not generally recommended BUT

Surveillance after complete remission ? How long and Why ?

Annually endoscopy for up to 10 years

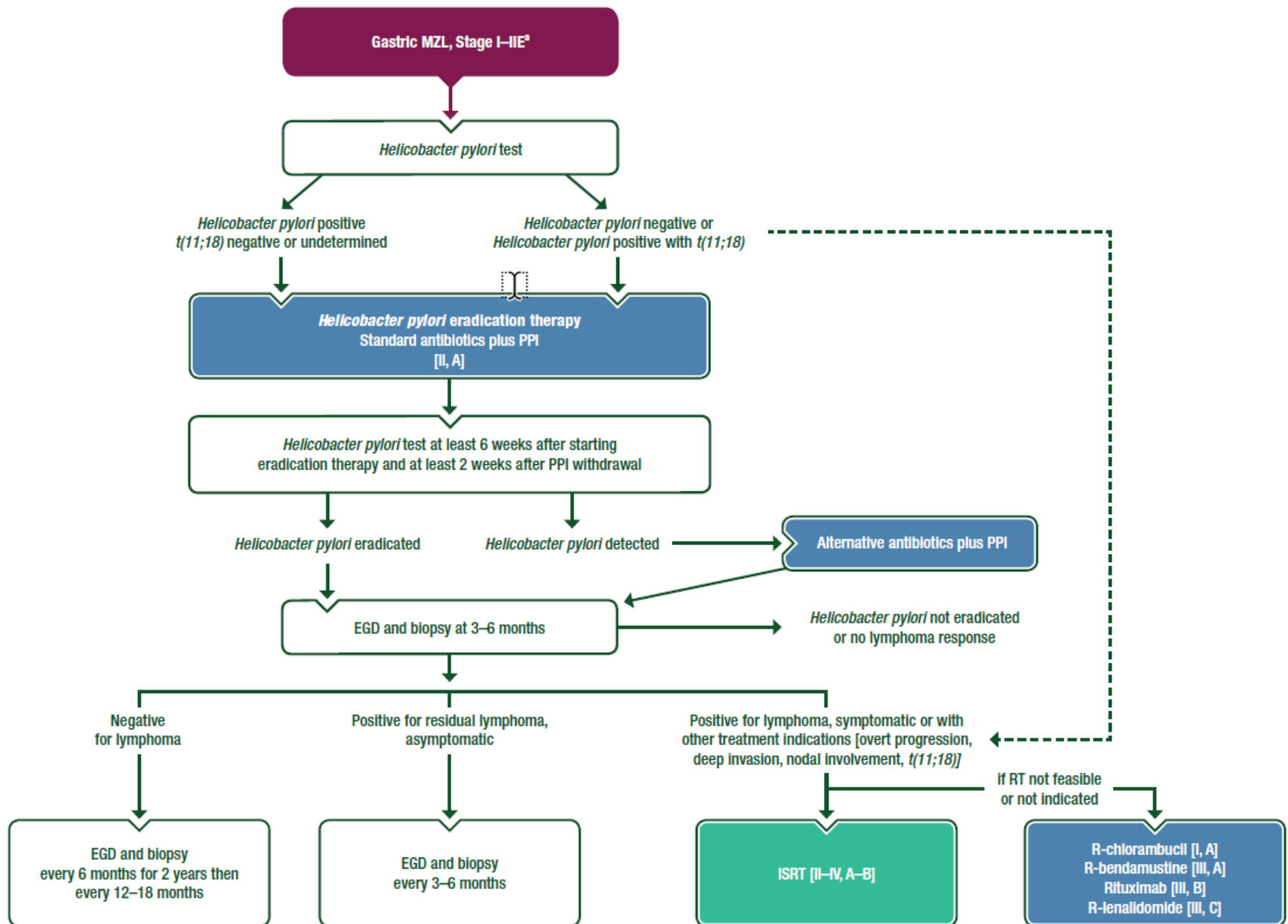
(after 5 years rather arbitrary) due to

Risk of AdenoCarcinom up to 6-fold increased

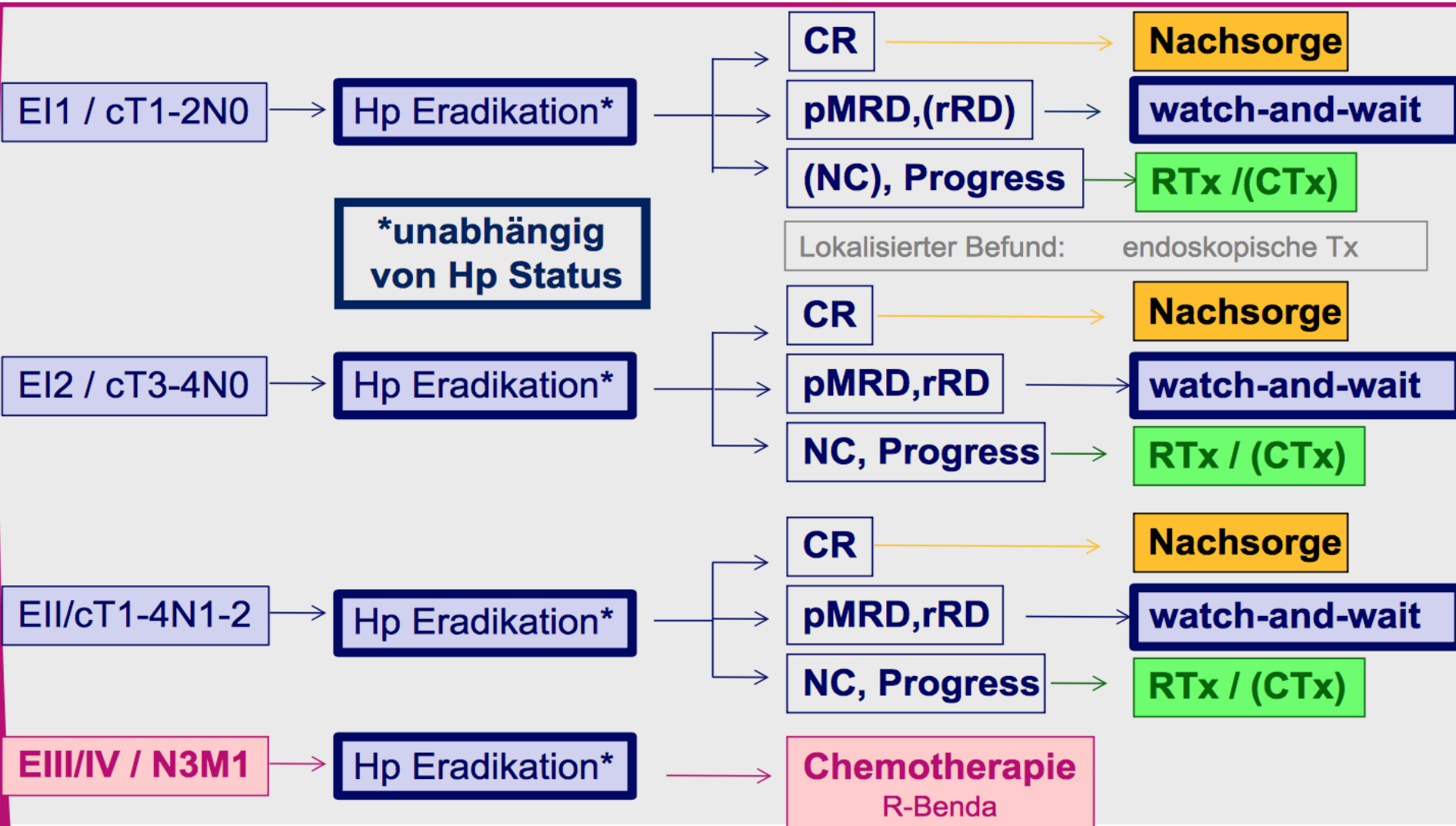
particularly if intestinal metaplasia, dysplasia present, develops

7.2% suffer relapse (or rather incomplete regression)

Yearly 2.2% relapse rate



When and what further local/systemic treatment after H.pylori-eradication ?



Radiation in gastric MALT – when – why - how ?

Localized gastric MALT

IIE- IIE (T1-4, N0/1 M0B0)

MALT radiation sensitive

Cure Rates up to 100%

30 (-40) Gy mostly sufficient (15-20 sessions in fasted state)

Chemo-Tx in gastric MALT – when – why - how ?

Rather reserved for disseminated MALT:

For symptomatic disease or other treatment indications:

- overt progression or Bulky disease
- Impending organ damage or patient preference



active irrespective of translocations:

2CdA (Cladribine/prodrug)

Rituximab + Chlorambucil/CHOP

(or R-Bendamustin)

**Cave:
Secondary
Carcinomas**

**Progression-free
Survival 72%**

Alkylating agents: 75% CR (except in t(11,18))

Others: Bortezomib, Oxaliplatin, MTx

Indications for surgery in gastric MALT ?

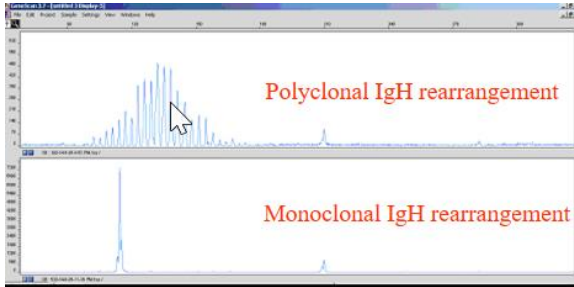
Usually NO

Only complications such as

Perforation, Bleeding

....

What is the relevance of clonality in MALT-lymphoma?



**Monoclonality by PCR is not a
prerequisite for diagnosis**

- **BIOMED-2-PCR-protocol: in 50% during follow-up still positive despite lack of macroscopic/immunohistochemical lymphoma**
 - **With clonality: only slightly higher relapse risk = ergo not of major clinical and/or diagnostic relevance**

OTHER

Intestinal B-Cell Lymphoma

Intestinal B-cell lymphoma: types and treatment

Diffuse Large-B-cell-Lymphoma (DLBCL):

CTx plus Rituximab (R-CHOP), 6-8 cycles every 3 weeks

Mantelcell-lymphoma:

most frequent intestinal lymphoma, often multifocal intestinal sites+LN, blood...

< 65 R-DHAX plus autologous-Stemcell-Tx

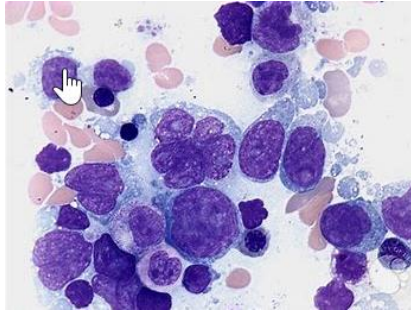
> 65 R-CHOP plus maintenance Rituximab

Follicular lymphoma: endoscopic aspect of lymphomatous polyposis

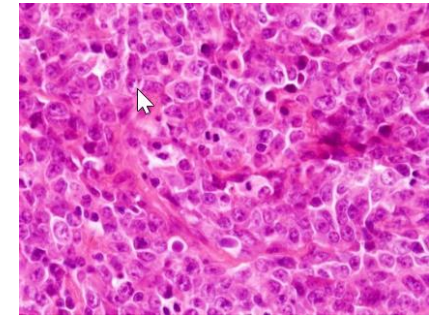
If asymptomatic then no treatment – if symptomatic or high tumor mass: R-CHOP

Burkitt-Lymphom

Immunoproliferative small intestinal disease (IPSID)

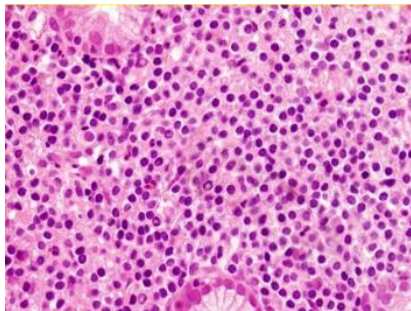


Diffuse Large-B-cell-Lymphoma DLBCL

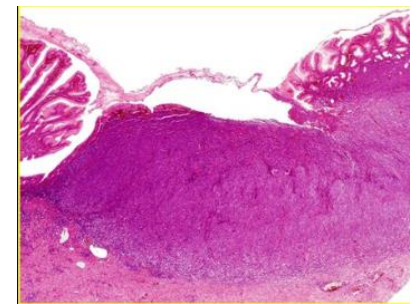


**Gastric MALT-lymphom
can evolve into DLBCLymphoma**

**e.g. when clearly separate sheets of large cells
comprising > 20% of the neoplastic population**



**Usually symptomatic
Extranodal involvement is common
Cell of origin: germinal center B-cell**

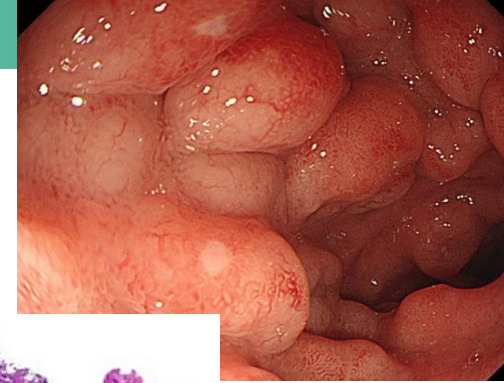
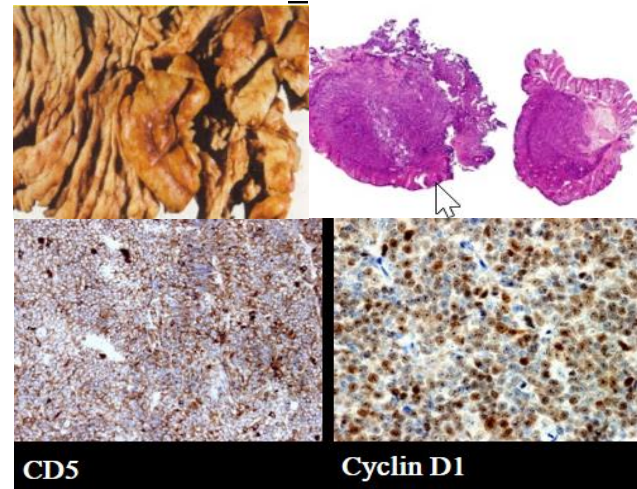
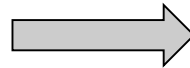


Curable in about 40%

Multiple lymphomatous polyposis..... can be

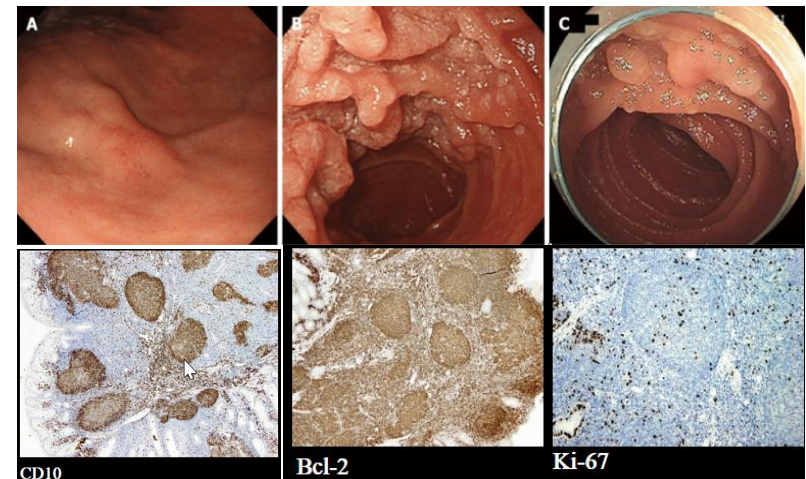
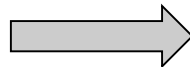
➤ Mantle-cell-lymphoma

Often male, > 60 y
Rather bad prognosis
IHC : CD5, Cyclin D1



➤ Follicular lymphoma

Often asymptomatic, «indolent»
Not curable (some exceptions)
Associated BCL2-gene
rearrangement t (14;18)



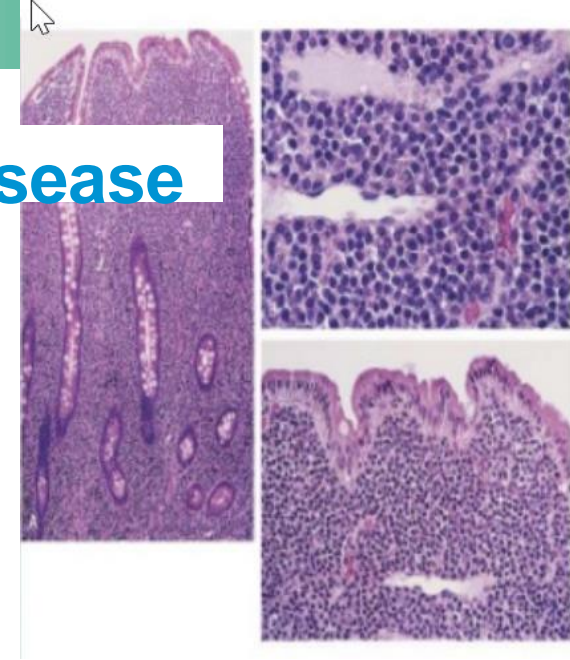
➤ MALT-lymphoma

Immunoproliferative Small intestinal disease (IPSID) is

- Subtype of MALT lymphoma
- Frequently in Middle East, Mediterranean
- At any age, mainly young adults 25-30y
- Associated synthesis of IgA1 chain (Alpha-Chain Disease)

Duodenal juice shows raised levels of IgA

- May transform to large cell lymphoma
- Pathogenic role of *Campylobacter jejuni*
- Stages: Plasmocyte – Intermediate - Immunoblastic



Immunoproliferative Small intestinal disease: TP...

depends on age, general/nutritional status: due to malabsorptive /enteropathy-> substitution of deficiencies (iron, folate, magnesium, calcium....)

> enteral/parenteral nutrition

treatment according to Tumor stage:

A/Plasmocyte/localized intestinal +/- LN-> macrolide and/or tetracycline

B/Intermediate/ Immunoblastic stage C: R-CHOP

(evtl. autologous stem-cell-transplantation)

Who is Who in mucosa-associated



Isaacson PG

seen and described
histomorphology of
MALT first time...



Fischbach W

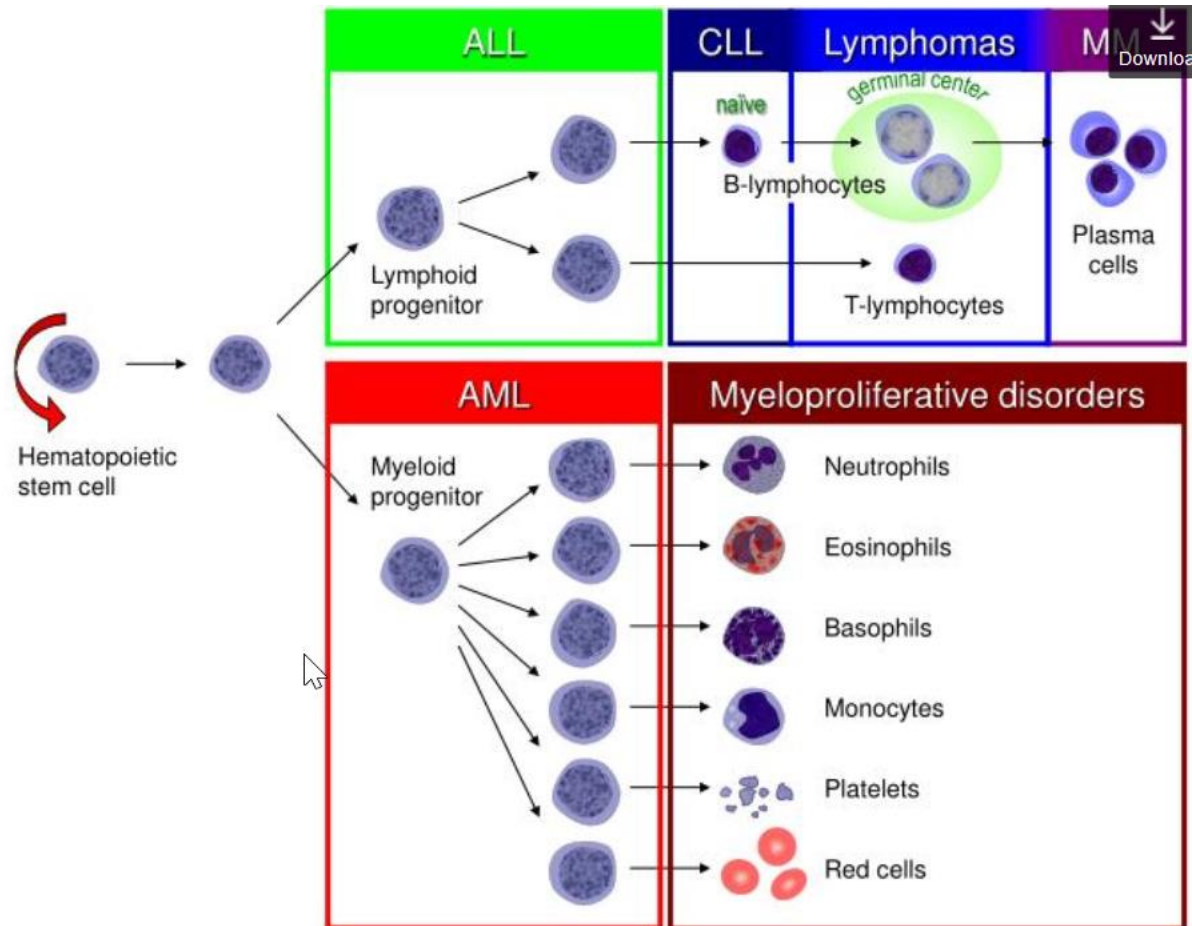
Meta-Analysis
GastroUpdate-
„Expert“



MacPherson A

Truely understands
B/T-cells and....





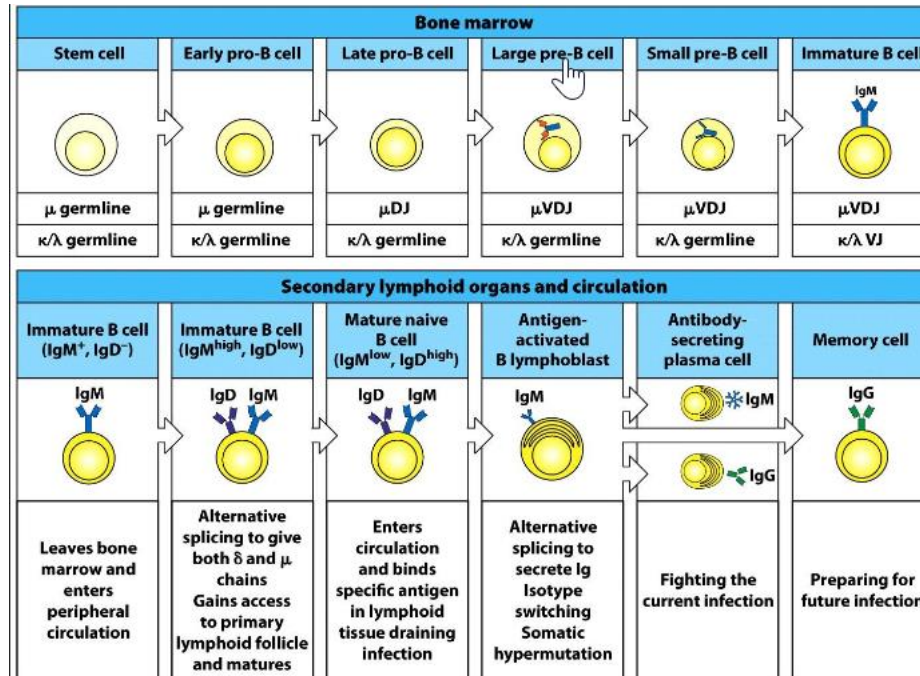
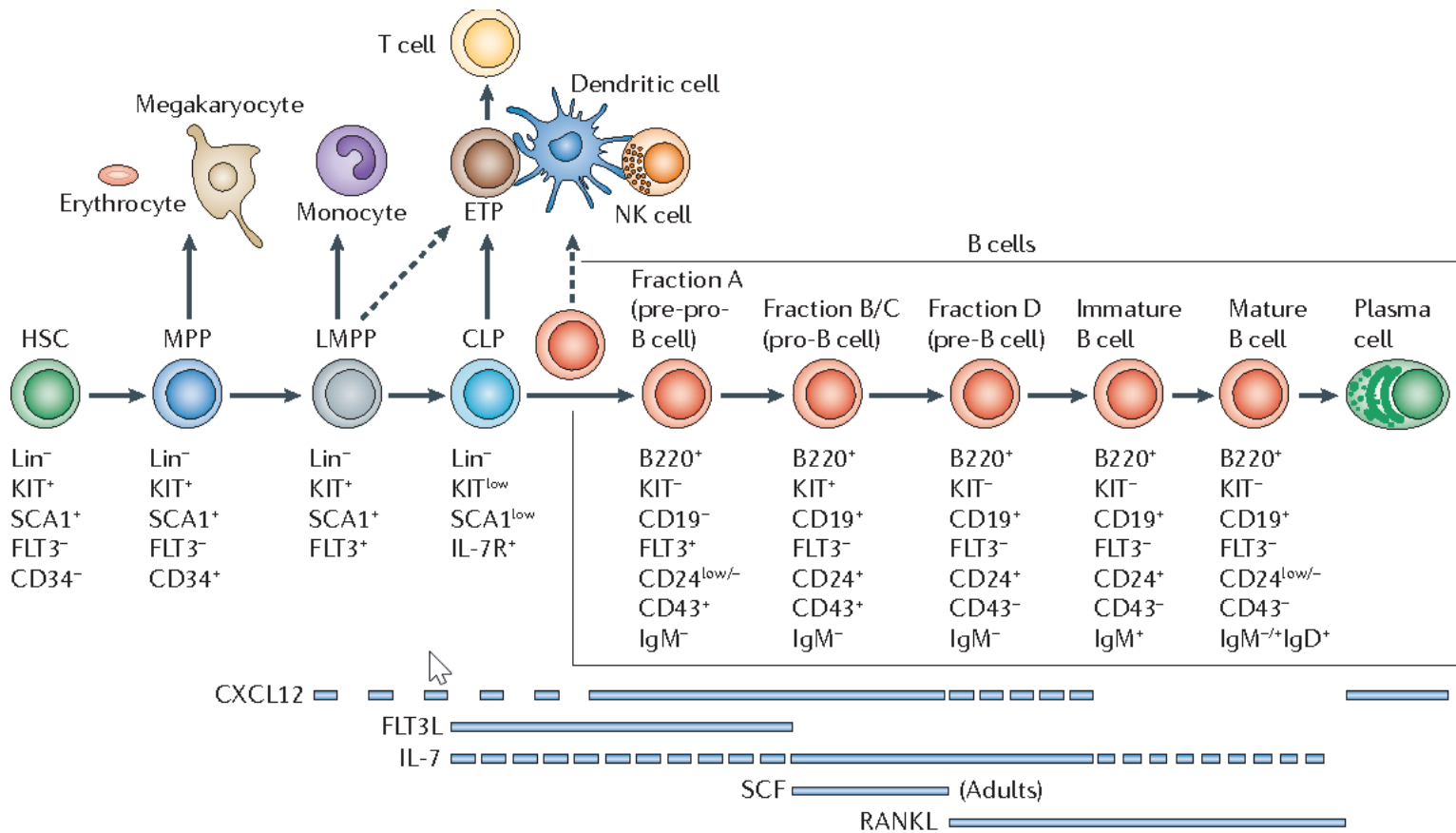


Figure 20-15 The Immune System, 2nd Edition © Garland Science 2009



Lymphom	Therapie
Gastrales MALT Lymphom	Hp Eradikation (RTx, CTx)
Diffuses großzelliges B-Zell-Lymphom (DGBZL)	CTx: R-CHOP (+ Radiatio)
Follikuläres Lymphom I/II	Watch-and-Wait
Mantelzelllymphom	CTx: R-Bendamustin
Intestinale B-Zell-Lymph	CTx: R-CHOP
Intestinale T-Zell-Lymph	Hochdosis-CTx + autologe/allogene SZTx

